

'Just a Minute' Campaign

Are you short of time but keen to do something for Dyslexia?

You can help Dyslexia Scotland to raise awareness (or money), by spending **just a minute** (or more if you like). Here are a few ideas. We'd like to hear your ideas too.

It takes just 1 minute to ...

- 'Like' Dyslexia Scotland's Facebook Page
- Follow us on Twitter **@DyslexiaScotlan**
- Tell a friend to join Dyslexia Scotland

It takes just 5 minutes to ...

- Check out our website: www.dyslexiascotland.org.uk

Find your local branch, donate funds, buy our 'Dyslexia and Us' book, view the events calendar and more.

It takes just 10 minutes to ...

- Join Dyslexia Scotland - call Pauline on 01786 446650 for further details or click on the following link:
<http://dyslexiascotland.org.uk/become-member>

It takes just an hour (or two) to ...

- Read a few stories in our book 'Dyslexia and Us'

It takes just a few hours to ...

- Distribute membership posters in your area. Call 01786 446650 and we'll send them to you

It takes just a day to ...

- Take part in a sponsored run, walk or cycle for Dyslexia Scotland: <http://www.justgiving.com/dyslexiascotland>
- Plan an event in your school, workplace or community to raise awareness about dyslexia

It takes just a week to ...

Take part in Dyslexia Awareness Week.

Dyslexia Awareness Week runs from 7th- 12th November 2016.

During the week there will be a programme of events celebrating dyslexia across Scotland. You can also organise your own events in your school, workplace or community.

Why not wear your 'Blue Ribbon' during the week? If you would like ribbons to distribute in your local area, please get in touch.

Maybe you could do your 'Just a Minute' during Dyslexia Awareness Week?

If you want more information on any of the above contact us on 01786 446650 or info@dyslexiascotland.org.uk