Dyslexia: Did you know...?

1 in 10 people has dyslexia and it often runs in the family.

Dyslexia can cause difficulties with reading, writing and spelling.

Other challenges can include poor short-term memory, organisational and processing skills.

There is no ‘cure’ for dyslexia but with the right support, people can reach their full potential in work, education and life.

Strengths of People with Dyslexia

- Problem solving skills
- Good spatial awareness
- Empathy and resilience
- Ability to think ‘outside the box’ and see the ‘bigger picture’
- Creativity
- Strong visual thinkers

Got a question about dyslexia?
Contact our Helpline
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